

Over-the-Counter (OTC) Wellness Credit for 2021

Use your Over-the-counter (OTC) benefit allowance to purchase OTC health and wellness products

You can use your allowance to purchase:

- Vitamins and minerals
- Allergy, cough, and cold remedies
- Antacids, laxatives, and stomach aids
- Pain relievers and fever reducers
- First aid kits, joint supports, and incontinence products
- Blood pressure monitors and thermometers
- Diabetic supplies such as compression stockings and sharps containers

Need a catalog?

Call 1-833-881-1422, Monday through Friday, 9 a.m. to 7 p.m. to have a catalog mailed to you. You can also view our catalog at kp.org/otc/mas.

The OTC wellness credit quarterly amount is based on your plan type.

Plan	OTC Wellness Credit Quarterly Allowance
Kaiser Permanente Medicare Advantage Value plans	\$30
Kaiser Permanente Medicare Advantage Standard plans	\$50
Kaiser Permanente Medicare Advantage High plans	\$60

Ready to order? It's easy—just call or click below.

Place your order for your OTC health and wellness products in one of the following ways:



1-833-881-1422 (TTY 711), Monday through Friday, 9 a.m. to 7 p.m.



kp.org/otc/mas

Please refer to your *Evidence of Coverage* for details regarding the OTC benefit. OTC benefits may change each year on January 1. Each purchase must be at least \$20. Any unused portion of the quarterly credit will not carry forward to the next quarter. Your order may not exceed your maximum benefit allowance. Limitations and restrictions may apply. Cash, checks, credit cards, or money orders are not accepted.

Kaiser Permanente is an HMO plan with a Medicare contract. Enrollment in Kaiser Permanente depends on contract renewal. You must reside in the Kaiser Permanente Medicare health plan service area in which you enroll.

Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc.

2101 E. Jefferson St., Rockville, MD 20852 2020AR1121 MAS 10/1/20-9/30/21

H2172_20_112_M