

2023

Over-the-Counter (OTC) Health and Wellness Products

KAISER PERMANENTE SENIOR ADVANTAGE (HMO) MEDICARE PLANS



Products listed in this catalog are available through your over-the-counter (OTC) benefit. The items are current as of January 1, 2023 and are subject to change.

 **KAISER PERMANENTE®**

Georgia Region

H1170_022_94_C

How to use your OTC Benefit

What can I order?

Over-The-Counter (OTC) products in the 2023 OTC catalog can be ordered. For the most up-to-date listing of covered OTC products, go to **kp.org/otc/ga**.

Please refer to your Evidence of Coverage for details. OTC benefits may change each year on January 1. Each order must be at least \$20. Any unused portion of the quarterly benefit limit will not carry forward to the next quarter. Your order may not exceed your quarterly benefit limit. Limitations and restrictions may apply. Cash, check, credits cards, or money orders are not accepted.

It is important to note that the OTC products are intended for member's health and medical use only. The health information provided in this OTC catalog is general in nature and is not medical advice or a substitute for professional healthcare. Returns are not accepted due to the personal nature of these OTC products.

Ready to order? It's easy! Call or click

1	Confirm the amount of your quarterly OTC benefit limit by reviewing your Evidence of Coverage (EOC)
2	Choose items from the list of products within this catalog
3	Order in one of the following ways: • Call 1-844-232-6906 Monday – Friday 8 a.m. – 7 p.m. EST • Visit kp.org/otc/ga *Please have your member ID handy for phone or online orders*

Notices

- The health information provided in the catalog is general in nature and is not medical advice or a substitute for professional health care.
- Please check with your physician before ordering some items in the catalog. Additionally, some items may be covered by the Plan, or original Medicare if you are not enrolled in the Plan, and if the item is determined to be medically necessary.

*Cannot ship to PO Boxes, Alaska, Hawaii, or Puerto Rico

‡Dual-purpose items are medicines and products that can be used for either a medical condition or for general health and well-being. In order to purchase these items under the plan, your personal physician or healthcare provider must recommend them to you for a specific diagnosed condition. Please speak to your physician or healthcare provider before ordering these items.

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Save time and money by ordering health and wellness products with your quarterly over-the-counter (OTC) credit offered with your Kaiser Permanente Senior Advantage (HMO) Medicare Health Plans.

Braces & Supports

Back & Waist Support

Item No.	Description	Pkg.	Price
2022	CURAD Back Support with Dual-Pulley System, Black, S/M, 1Ct	Each	\$25.00
2021	CURAD Back Support with Dual-Pulley System, Black, L/XL, 1Ct	Each	\$25.00
3925	DMI Relax-A-Bac Lumbar Cushion	Each	\$35.00

DVT & Compression Therapy

Item No.	Description	Pkg.	Price
3917	Dr. Scholl's Diabetic and Circulatory Crew Socks, Black, Size Men's M/L	1 Pair	\$20.00
3918	Dr. Scholl's Diabetic and Circulatory Crew Socks, Black, Size Women's M/L	1 Pair	\$20.00
1435	CURAD Knee Compression Dress Sock 8-15mmHg Black M 1Pr	1 Pair	\$25.00
1436	CURAD Knee Compression Dress Sock 8-15mmHg Black Lg 1Pr	1 Pair	\$25.00
1129	CURAD Knee Compression Hosiery 8-15mmHg Tan M Regular 1Pr	1 Pair	\$25.00
1128	CURAD Knee Compression Hosiery 8-15mmHg Blk M Reg 1Pr	1 Pair	\$25.00
2132	Jobst Sensifoot Over-the-Calf Diabetic Sock White L 1Pr	1 Pair	\$25.00
2156	Jobst Sensifoot Over-the-Calf Diabetic Sock Black L 1Pr	1 Pair	\$25.00

Elbow & Knee Support

Item No.	Description	Pkg.	Price
1176	Medline Neoprene Slip-On Elbow Support, Black, S, 1Ct	Each	\$15.00
1175	Medline Neoprene Slip-On Elbow Support, Black, M, 1Ct	Each	\$15.00
1174	Medline Neoprene Slip-On Elbow Support, Black, L, 1Ct	Each	\$15.00
1512	Medline Neoprene Slip-On Elbow Support, Black, XL, 1Ct	Each	\$15.00
1167	CURAD Performance Elastic Pull-Over Knee Support, Beige, L, 1Ct	Each	\$10.00
1172	Medline Knee Support with Removable U-Buttress, Black, S, 1Ct	Each	\$48.00
1171	Medline Knee Support with Removable U-Buttress, Black, M, 1Ct	Each	\$48.00
1170	Medline Knee Support with Removable U-Buttress, Black, L, 1Ct	Each	\$48.00
1742	Medline Knee Support with Removable U-Buttress, Black, XL, 1Ct	Each	\$48.00

Hand & Wrist Support

Item No.	Description	Pkg.	Price
1702	CURAD Arthritis Relief Compression Gloves M, Gray 1Pair	1 Pair	\$15.00
1701	CURAD Arthritis Relief Compression Gloves L, Gray 1Pair	1 Pair	\$15.00
1705	Medline Carpal Tunnel Glove with Flexible Splint, Black, S, 1Ct	Each	\$25.00
1704	Medline Carpal Tunnel Glove with Flexible Splint, Black, M, 1Ct	Each	\$25.00
1703	Medline Carpal Tunnel Glove with Flexible Splint, Black, L, 1Ct	Each	\$25.00
1511	CURAD Performance Elastic Pull-Over Wrist Support, Black, S, 1Ct	Each	\$5.00
1510	CURAD Performance Elastic Pull-Over Wrist Support M 1Ct	Each	\$6.00
1184	CURAD Performance Elastic Pull-Over Wrist Support, Black, L, 1Ct	Each	\$8.00
1509	CURAD Performance Elastic Pull-Over Wrist Support, Black, XL, 1Ct	Each	\$5.00



1704

Medline Carpal Tunnel Glove with Flexible Splint M 1Ct

Breathable cotton/spandex with built-in beaded under-wrist cushion. Wear on either hand. Fits up to 3.75" wide knuckle.



1184

CURAD Performance Elastic Pull-Over Wrist Support L 1Ct

Slips on easily to support weak or injured wrist. Use on right or left wrist. Fits 7"-8.5" wrist circumference.

First Aid

Antibiotics & Antiseptics

Item No.	Description	Pkg.	Price
1083	CURAD Triple First Aid Antibiotic Ointment 1oz 1Ct	Each	\$6.00
1925	CURAD Triple Antibiotic Ointment Pain Relief 1oz 1Ct	Each	\$8.00
1046	Medi-First Antiseptic Spray 2oz 1Ct	Each	\$8.00
3559	Medline 3% Hydrogen Peroxide 16oz Bottle 1Ct	Each	\$10.00
1073	Medline 70% Isopropyl Alcohol 16oz 1Ct	Each	\$3.00
1044	Medline Isopropyl Alcohol Prep Pad 1.125x2.375 200Ct	Box of 200	\$5.00

Bandages

Item No.	Description	Pkg.	Price
1642	CURAD Flex-Fabric Adhesive Bandages Fingertip 100Ct	Box of 100	\$6.00
1042	CURAD Flex-Fabric Adhesive Bandages Knuckle 100Ct	Box of 100	\$6.00
1636	CURAD Plastic Adhesive Bandages 3/4x3 80Ct	Box of 80	\$5.00
1641	CURAD Plastic Adhesive Bandages 2x4 50Ct	Box of 50	\$6.00
1060	CURAD Silicone Flex Fabric Bandage 0.75x3 20Ct	Box of 20	\$6.00
1640	Medline NS Swift-Wrap Elastic Bandages 2inx5yd 1Ct	Each	\$4.00
1063	CURAD QuickStop! Flex-Fabric Bandages 0.75x2.83 30Ct	Each	\$6.00
1638	CURAD QuickStop! Bandages Assorted Sizes 30Ct	Box of 30	\$6.00
1057	CURAD FlexSEAL Spray Bandage 1.35oz 1Ct	Each	\$8.00

Dressings & Gauze

Item No.	Description	Pkg.	Price
1637	CURAD Sterile Nonstick Pad Medium 3x4 20Ct	Box of 20	\$5.00

First Aid Kits

Item No.	Description	Pkg.	Price
1056	CURAD 175-Piece Complete First Aid Kit 1Ct	Each	\$15.00

Home Diagnostics

Blood Pressure & Accessories

Item No.	Description	Pkg.	Price
1099	Medline Digital Blood Pressure Monitor with Univ Cuff 1Ct	Each	\$40.00
3704	Medline Deluxe Digital Wrist Blood Pressure Monitor 1Ct	Each	\$20.00

Glucose Monitoring & Accessories

Item No.	Description	Pkg.	Price
3978	Medline Safety Lancet Push-Button 28Gx1.6mm 100Ct	Box of 100	\$20.00
2182	Adjustable Lancing Device	Each	\$5.00
3603	Medline Insulin Pen Needle 32G x 4 mm 100Ct	Box of 100	\$25.00
3712	EVENCARE G2 Blood Glucose Test Strips 50Ct	Box of 50	\$15.00

Oximeters

Item No.	Description	Pkg.	Price
3698	Soft Touch Fingertip Pulse Oximeter, Digital Display, Adult, Orange	Each	\$35.00

Test Kits

Item No.	Description	Pkg.	Price
3721	HealthyMe UTI Test Strips 3Ct	Box of 3	\$10.00

Thermometers & Accessories

Item No.	Description	Pkg.	Price
1100	Medline Infrared Talking Ear / Forehead Thermometer, 1sec Read Time	Each	\$40.00
1094	Medline Infrared No-Touch Forehead Thermometer 1Ct	Each	\$35.00
1088	Medline Large Display Oral Digital Thermometer, 20sec Read Time 1Ct	Each	\$10.00
3465	30-Second Flex-Tip Oral Digital Stick Thermometer 1Ct	Each	\$10.00



1100

Medline Infrared Talking Ear / Forehead Thermometer

Takes fast, accurate body temperature readings via the ear or forehead. 6 languages. 2 AAA batteries included.



3465

30-Second Flex-Tip Oral Digital Stick Thermometer 1Ct

Get fast, accurate Fahrenheit or Celsius results in 30 seconds. Oral, axillary, rectal options. Case included.

Home Health Care

Batteries

Item No.	Description	Pkg.	Price
3933	Duracell Hearing Aid Battery 675, Blue Tab, 1.5 V	Each	\$5.00

Medical Bracelets

Item No.	Description	Pkg.	Price
1093	Medline Stainless Medical Alert Bracelet Diabetic, 7.5in 1Ct	Each	\$12.00

Medical Containers

Item No.	Description	Pkg.	Price
1096	Medline Sharps Biohazard Needle Container 1Qt 1Ct	Each	\$5.00

Medical Instruments

Item No.	Description	Pkg.	Price
3981	Medline Single-Head Stethoscope Black 1Ct	Each	\$10.00

Repellents

Item No.	Description	Pkg.	Price
1048	Ben's DEET Tick and Insect Repellent 3.4oz 1Ct	Each	\$9.00

Scales

Item No.	Description	Pkg.	Price
1649	Medline Mechanical Bathroom Floor Scale, 300lb Capacity 1Ct	Each	\$30.00
1648	SlimTALK Talking Digital Floor Scale, 400lb Capacity 1Ct	Each	\$50.00
1087	Conair Digital Food Scale, 11lb Capacity 1Ct	Each	\$35.00



SlimTALK Talking Digital Floor Scale 400lb Capacity 1Ct

Low-profile platform with large display. English/Spanish voice option. 12.3"L x 14.3"W x 1.4"H. 3AAA batteries included.



Conair Digital Food Scale 1Ct

Weigh items directly on the easy-clean glass top or use tare function and weigh in a bowl. Large screen displays weight in 1oz. increments. Battery included.

Incontinence

Briefs

Item No.	Description	Pkg.	Price
1416	Medline Men's FitRight Underwear Heavy Absorb S/M 20Ct	Bag of 20	\$20.00
1417	Medline Men's FitRight Underwear Heavy Absorb L/XL 20Ct	Bag of 20	\$20.00
1604	Medline FitRight Bariatric Incontinence Brief 4XL 8Ct	Bag of 8	\$20.00
1803	Medline Ext Wear High-Capacity Disposable Brief S 30Ct	Bag of 30	\$45.00
1802	Medline Ext Wear High-Capacity Disposable Brief M 15Ct	Bag of 15	\$25.00
1801	Medline Ext Wear High-Capacity Disposable Brief L 15Ct	Bag of 15	\$30.00
1804	Medline Ext Wear High-Capacity Disposable Brief XL 15Ct	Bag of 15	\$40.00
1425	Medline FitRight Ultra Disposable Briefs S 20Ct	Bag of 20	\$20.00
1113	Medline FitRight Ultra Disposable Briefs M 20Ct	Bag of 20	\$20.00
1112	Medline FitRight Ultra Disposable Briefs L 20Ct	Bag of 20	\$20.00
1114	Medline FitRight Ultra Disposable Briefs XL 20Ct	Bag of 20	\$20.00
1423	Medline FitRight Ultra Disposable Briefs 2XL 20Ct	Bag of 20	\$20.00
1408	Medline FitRight Ultra Stretch Disp Brief M/Reg 20Ct	Bag of 20	\$20.00
1791	Medline FitRight Extra Disposable Brief S 20Ct	Bag of 20	\$20.00
1789	Medline FitRight Extra Disposable Brief M 20Ct	Bag of 20	\$15.00
1788	Medline FitRight Extra Disposable Brief L 20Ct	Bag of 20	\$20.00
1792	Medline FitRight Extra Disposable Brief XL 20Ct	Bag of 20	\$20.00
1793	Medline FitRight Extra Disposable Brief 2XL 20Ct	Bag of 20	\$20.00

Liners & Pads

Item No.	Description	Pkg.	Price
1817	Medline ContourPlus Bladder Pad Moderate 5.5x10.5 28Ct	Bag of 28	\$15.00
1412	Medline FitRight Bladder Pads 3.5x9 Light 20Ct	Bag of 20	\$12.00
1413	Medline FitRight Bladder Pad 4.3x11 Moderate 16Ct	Bag of 16	\$12.00
1414	Medline FitRight Bladder Pad 5.5x13.75 Maximum 10Ct	Bag of 10	\$12.00
1415	Medline FitRight Bladder Pad 5.5x15.75 Ultimate 10Ct	Bag of 10	\$12.00
1411	Medline FitRight ActivEdge Guards for Men Maximum 52Ct	Bag of 52	\$15.00

Protective Underwear

Item No.	Description	Pkg.	Price
1606	Medline FitRight Super Disposable Underwear M 20Ct	Bag of 20	\$25.00
1607	Medline FitRight Super Disposable Underwear L 20Ct	Bag of 20	\$25.00
1608	Medline FitRight Super Disposable Underwear XL 20Ct	Bag of 20	\$25.00
1418	Medline Women's FitRight Underwear Heavy Absorb S/M 20Ct	Bag of 20	\$20.00
1419	Medline Women FitRight Underwear Heavy Absorb L/XL 20Ct	Bag of 20	\$20.00

Underpads

Item No.	Description	Pkg.	Price
1119	Medline Pro Plus Best Polymer Underpad 23x36 10Ct	Bag of 10	\$10.00
1427	Premium Disposable Polymer Underpads 30x30 10Ct	Bag of 10	\$12.00
1619	Medline FitRight Underpad Heavy Absorbency 30x36 10Ct	Bag of 10	\$12.00
1406	Ultrisorbs Premium Underpads 23x36 10Ct	Bag of 10	\$20.00
1407	Ultrisorbs Premium Underpads 30x36 5Ct	Bag of 5	\$12.00
1614	Medline Sofnit 300 Reusable Underpad 34x36 Pink 1Ct	Each	\$15.00

Medications Over The Counter

Allergy & Sinus

Item No.	Description	Pkg.	Price
1012	Medline Cetirizine Antihistamine Allergy Tablets 10mg 90Ct	Bottle of 90	\$14.00
1024	Fluticasone Propionate Nasal Spray 50mcg 1Ct	Each	\$22.00
1013	Loratadine 24-Hr Non-Drowsy Allergy Relief Tablets 30Ct	Bottle of 30	\$5.00
1022	CURAD Breathe Clear Nasal Strips 30Ct	Box of 30	\$12.00
1033	Reliable-1 Saline Nasal Spray 3oz 1Ct	Each	\$6.00

Anti-Fungal & Anti-Itch

Item No.	Description	Pkg.	Price
1143	Dr. Sheffield Antifungal Cream Tolnaftate 1% 1.25oz 1Ct	Each	\$6.00
1245	Remedy Phytoplex Antifungal Powder Miconazole 3oz 1Ct	Each	\$10.00
1045	Dr. Sheffield Anti-Itch Diphenhydramine Cream 1.2oz 1Ct	Each	\$5.00

Cough, Cold & Flu

Item No.	Description	Pkg.	Price
1026	Medicated Chest Rub 3.53oz 1Ct	Each	\$7.00
1021	GoodSense Sugar-Free Black Cherry Cough Drops 25Ct	Bag of 25	\$3.00
1600	GoodSense Cough Drops 7.5mg Menthol Honey Lemon 30Ct	Each	\$3.00
1034	GoodSense Sore Throat Lozenges Cherry 18Ct	Box of 18	\$5.00
3695	Liquid Cough Syrup Guaiasorb DM 4oz 1Ct	Each	\$4.00
3708	Geri-Tussin DM Guaifenesin Syrup with Dextromethorphan 16oz	Each	\$10.00
3700	GeriCare Geri-Tussin Guaifenesin Syrup 100mg 1Ct	Each	\$10.00
1030	Dr. Sheffield's 12-Hr Nasal Decongestant Spray 1oz 1Ct	Each	\$5.00
1602	Major Sugar-Free Cherry Sore Throat Spray 6oz 1Ct	Each	\$7.00

Medication Aids

Item No.	Description	Pkg.	Price
1986	Medicine Pill Bottle Opener with Magnifying Glass 1Ct	Each	\$10.00
1984	Medline Combo Medication Pill Crusher and Splitter 1Ct	Each	\$15.00
1091	Medline 7-Day Pill Reminder Organizer 1Ct	Each	\$8.00
1695	Medline 7-Day Pill Organizer Clear 1X/Day	Each	\$4.00

Pain & Fever Relief

Item No.	Description	Pkg.	Price
1204	Akron Acetaminophen Tablet Regular Strength 325mg 100Ct	Bottle of 100	\$6.00
1715	Medline Chewable Aspirin Tablets 81mg 36Ct	Bottle of 36	\$3.00
1190	Medline Adult Low-Dose Enteric Aspirin Tablet 81mg 120Ct	Bottle of 120	\$5.00
1207	Acetaminophen / Aspirin / Caffeine Pain Relief, Tablet 100Ct	Bottle of 100	\$8.00

1067	GoodSense Epsom Salt 16oz 1Ct	Each	\$5.00
1195	GoodSense Hemorrhoid Ointment 2oz 1Ct	Each	\$7.00
1707	Akron Pharma Hemorrhoid Hygiene Pads w Witch Hazel 100Ct	Jar of 100	\$8.00
1205	Medline Naproxen Sodium Tablet 220mg 100Ct	Bottle of 100	\$10.00
1192	Capsaicin Analgesic Pain Relief Cream 2.1oz Tube 1Ct	Each	\$8.00
1209	Ultra Strength Muscle Rub Cream 3oz 1Ct	Each	\$6.00
1708	CareAll Muscle Joint Vanishing Scent Gel Menthol 3oz 1Ct	Each	\$6.00
1251	MyDerm Aloe Gel Lidocaine Pain Reliever 8oz 1Ct	Each	\$7.00
1711	Ice Blue Menthol 2% Pain Gel 16oz. 1Ct	Each	\$10.00
1646	MyDerm Bite Relief Benzocaine Ointment 1.75oz 1Ct	Each	\$8.00
1714	Cooling Migraine Headache Pads 3Ct	Box of 3	\$5.00
1712	Beyond BodiHeat 12-Hour Pain Relief Heat Pads 4Ct	Box of 4	\$8.00
1644	Medi-First Insect Sting Relief Pads 10Ct	Box of 10	\$9.00
1643	GoodSense X-Strength Medicated Cold/Hot Patch Small 5Ct	Box of 5	\$8.00
1710	TheraCare Max Strength Pain Relief 4% Lidocaine Patch 5Ct	Box of 5	\$9.00

Stop Smoking

Item No.	Description	Pkg.	Price
1726	GoodSense Nicotine Gum 2mg Mint 110Ct	Box of 110	\$40.00

Mobility & Accessibility

Bath Safety Equipment

Item No.	Description	Pkg.	Price
1005	Medline Rubber Bath Mat, 13.4in x29in White 1Ct	Each	\$15.00
1635	Medline Handheld Shower Kit 1Ct	Each	\$25.00
3356	Medline 24in Knurled Chrome Grab Bar, 250lb Capacity 1Ct	Each	\$25.00
1008	Medline Nonslip Tub and Stair Safety Treads 8Ct	Each	\$5.00

Canes & Accessories

Item No.	Description	Pkg.	Price
1145	Medline Folding T-Handle Aluminum Cane 250lb Black 1Ct	Each	\$15.00
1474	Medline Offset Handle Aluminum Cane 300lb Chrome 1Ct	Each	\$10.00
1147	Medline Offset Handle Aluminum Cane 300lb Cap Black 1Ct	Each	\$10.00

Toilet Safety Rails & Seats

Item No.	Description	Pkg.	Price
1634	Medline Guardian Toilet Safety Rails, 300lb Capacity 1Ct	Each	\$50.00



1145

Medline Folding T-Handle Aluminum Cane 250lb Black 1Ct

Compact, lightweight aluminum design folds for travel. Contoured handle for a better grip. 23"-26" height adjustable.



1634

Medline Guardian Toilet Safety Rails 2Ct

Height-adjustable handles rotate for best positioning. Easy to install with included bracket. 300 lb. weight capacity.

Personal Care

Bath & Body Care

Item No.	Description	Pkg.	Price
1720	GoodSense Soothing Oatmeal Bath Treatment, 1.5oz, 8Ct	Box of 8	\$9.00
1718	Medline Soothe & Cool Cornstarch Body Powder 14oz 1Ct	Each	\$5.00
1428	Remedy Phytoplex No-Rinse Foam Cleanser 8oz 1Ct	Each	\$10.00

Cotton Balls & Swabs

Item No.	Description	Pkg.	Price
1051	Medline Nonsterile Cotton Balls Medium 1in 200Ct	Bag of 200	\$5.00
1647	Simply Soft Cotton Swabs 300Ct	Pack of 300	\$5.00

Ear Care

Item No.	Description	Pkg.	Price
1035	Dr. Sheffield's Ear Wax Removal Drops 15mL 1Ct	Each	\$5.00

Eye Care

Item No.	Description	Pkg.	Price
1037	Ketotifen Fumarate Eye Itch Relief Drops 0.17oz 1Ct	Each	\$12.00
1630	Artificial Tears Lubricant Eye Drops 1/2oz 1Ct	Each	\$6.00
1036	GoodSense Irritation Relief Eye Drops 15 mL 1Ct	Each	\$5.00

Feminine Care

Item No.	Description	Pkg.	Price
1815	Fiore Light Daily Panty Liners Long 40Ct	Box of 40	\$10.00
1202	Miconazole Nitrate 2% 7-Day Vaginal Cream With Applicator	Each	\$10.00

Foot Care

Item No.	Description	Pkg.	Price
1440	Medline Gel Hallux Bunion Guard 1Ct	Each	\$10.00
1433	GoodSense Corn Cushions 9Ct	Pack of 9	\$5.00
3685	Scott Foot Care Medicated Corn Removers 9Ct	Pack of 9	\$5.00
1120	Dr. Sheffield's Athlete's Foot Cream 0.5oz 1Ct	Each	\$7.00
1441	Medline Gel Hammer Toe Crest 1Ct	Each	\$9.00
1974	Silipos Therastep Gel Toe Protector 1Ct	Each	\$10.00
1442	Medline Gel Toe Straighteners 4Ct	Each	\$15.00
1132	CURAD Medioplast Wart Remover Pads 2x3 1Ct	Each	\$2.00

Hand Sanitizers & Wipes

Item No.	Description	Pkg.	Price
3305	Medline Spectrum Advanced Hand Sanitizer Gel 4oz 1Ct	Each	\$4.00
3709	Germ-X Moisturizing Hand Sanitizer 8oz 1Ct	Each	\$10.00
1071	Medline Spectrum Advanced Hand Sanitizer Wipes 6x6.75 160Ct	Each	\$10.00

Lip Balms & Treatments

Item No.	Description	Pkg.	Price
1158	GoodSense Medicated Lip Balm Treatment, 0.25oz, 2Ct	Pack of 2	\$5.00

Oral Care

Item No.	Description	Pkg.	Price
1487	GUM Proxabrush Go-Betweens Teeth Cleaners 10Ct	Pack of 10	\$6.00
1152	Medtech Oral BrushPicks 275Ct	1 Pack	\$6.00
1485	Extra Strength Denture Adhesive Mint 2oz 1Ct	Each	\$5.00
1876	Denture Brush With Easy-Grip Handle Medium 1Ct	Each	\$5.00
1155	Denture Cleanser Tablets 90Ct	Box of 90	\$8.00
1154	Freshmint Waxed Mint Dental Floss 100yd	Each	\$3.00
1157	GoodSense Mint Flossers 90Ct	Bag of 90	\$5.00
1492	Medline Mouth Moisturizer Oral Gel 3g Pkt 1Ct	Each	\$1.00
1482	Biotene Dry Mouth Moisturizing Spray 1.5oz 1Ct	Each	\$12.00
1160	Dr. Sheffield's Oral Toothache Relief Gel .33oz 1Ct	Each	\$5.00
1880	Disposable Tongue Scraper with Brush Twin-Pack	Pack of 2	\$4.00
3684	Colgate Sonic Adult Battery Powered Toothbrush 1Ct	Each	\$15.00
1149	Conair InterPlak Rechargeable Cordless Toothbrush 1Ct	Each	\$35.00
1163	Medline Super Soft Wrapped Adult Toothbrush 1Ct	Each	\$2.00
1151	Colgate 360 Sonic Replacement Brush Heads Soft 2Ct	Each	\$10.00
1494	Fresh Mint Sensitive Teeth Toothpaste 4.3oz 1Ct	Each	\$5.00
1479	Aim Cavity Protection Mint Gel Toothpaste 5.5oz 1Ct	Each	\$4.00
1161	Pepsodent Complete Care Toothpaste 5.5oz 1Ct	Each	\$4.00

Skin Care

Item No.	Description	Pkg.	Price
2045	MyDerm Aloe Gel 16oz 1Ct	Each	\$10.00
1645	Major Calamine Lotion 6oz 1Ct	Each	\$6.00

1246	Remedy Phytoplex Skin Cream Moisturizer Scented 8oz 1Ct	Each	\$8.00
2053	Remedy Enlivaderm Hydrating Serum 4oz 1Ct	Each	\$10.00
1076	CareAll Petroleum Jelly 13oz 1Ct	Each	\$6.00
1517	Remedy Phytoplex Hydraguard Silicone Skin Cream 4oz 1Ct	Each	\$9.00
1247	Medline Remedy Intensive Skin Therapy Repair Cream 4oz 1Ct	Each	\$10.00
2046	Remedy Intensive Skin Hydraguard-D Barrier Cream 4oz 1Ct	Each	\$5.00
1716	Gentell Vitamin A&D+E Ointment 13oz 1Ct	Each	\$12.00
1527	SPF 50 Sunscreen Lotion 8oz Bottle 1Ct	Each	\$10.00
1252	Solar Screen SPF 30 Ultra Sunscreen Lotion 8oz 1Ct	Each	\$12.00
1115	Remedy Phytoplex Z-Guard Skin Protectant Paste 4oz 1Ct	Each	\$10.00
1605	Gentell Zinc Oxide Skin Protectant Ointment 16oz 1Ct	Each	\$15.00

Wipes & Cloths

Item No.	Description	Pkg.	Price
1723	Medline Ultrasoft Disposable Dry Cleansing Cloth 12x14in 90Ct	Pack of 90	\$6.00
1719	Medline FitRight Aloe Quilted Personal Wipes, Soft Pack with Flip Top 48Ct	1 Pack	\$5.00
1103	Medline FitRight Aloe Personal Wipes Scented, Soft Pack with Flip Top 100Ct	Pack of 100	\$6.00
1117	ReadyFlush SELECT Biodegradable Flushable Wipes, Soft Pack with Flip Top 48Ct	Pack of 48	\$5.00
2316	Remedy Phytoplex Barrier Cream Cloth 8x12 Scented, Soft Pack 48Ct	Pack of 48	\$10.00

Physical Therapy

Daily Living Aids

Item No.	Description	Pkg.	Price
2188	Medline Pistol Grip Reacher 26in 1Ct	Each	\$10.00
2126	Medline Pistol Grip Reacher 32in 1Ct	Each	\$10.00

Exercise Bands, Balls & Tubing

Item No.	Description	Pkg.	Price
2117	Medline Green Latex Exercise Band Medium 6yd 1Ct	Each	\$15.00

Hot & Cold Therapies

Item No.	Description	Pkg.	Price
1041	Medline Accu-Therm Reusable Hot/Cold Gel Pack 5x10 1Ct	Each	\$10.00
1639	CURAD Hot or Cold Therapy Water Bottle 1Ct	Each	\$15.00

Wearable Technology

Item No.	Description	Pkg.	Price
1651	Medline Heart Rate Monitor Pedometer Watch, Black 1Ct	Each	\$30.00
4153	Deluxe Pedometer with Steps, Distance, and Calories	Each	\$20.00



1639

CURAD Hot or Cold Therapy Water Bottle 1Ct

Flexible, ridged rubber conforms to body contours yet remains breathable. Easy-fill wide mouth. Holds 2 quarts..



1651

Medline Heart Rate Monitor Pedometer Watch 1Ct

Water-resistant with pulse sensors for continuous monitoring. Alarms, stopwatch, countdown, stores last 50 days of steps.

Vitamins & Supplements

Amino Acid

Item No.	Description	Pkg.	Price
1746	Mason Natural L-Lysine Tablet 500mg 100Ct	Bottle of 100	\$8.00

Digestive Health & Nausea

Item No.	Description	Pkg.	Price
1729	Geri-Mox Reg Strength Antacid & Antigas Liquid 12oz 1Ct	Each	\$6.00
1733	Loperamide Anti-Diarrheal Caplets 2mg 12Ct	Box of 12	\$5.00
1730	Ultra Strength Simethicone Gas Softgels 180mg 60Ct	Bottle of 60	\$7.00
1731	GeriCare Chewable Gas Relief Tablets 80mg 100Ct	Bottle of 100	\$10.00
1222	Ultra Calcium Carbonate Antacid Soft Chew 1177mg 36Ct	Bag of 36	\$7.00
1215	Famotidine Acid Reducer Heartburn Tablet 10mg 30Ct	Box of 30	\$5.00
3691	Pink-Bismuth Tablets Original Flavor 30Ct	Box of 30	\$6.00
1732	Major Lactase Dairy Digestive Aid Caplets 3,000FCC 60Ct	Bottle of 60	\$10.00
2211	Bisacodyl Laxative Tablet 5mg 25Ct	Bottle of 25	\$4.00
1240	Docusate Sodium Stool Softener Softgel 100mg 100Ct	Bottle of 100	\$7.00
1727	GoodSense ClearLax Powder Laxative 4.1oz 1Ct	Each	\$10.00
1234	Medline Senna Natural Vegetable Laxative Tablets 8.6mg 100Ct	Bottle of 100	\$7.00
1231	GeriCare Milk of Magnesia 12oz 1Ct	Each	\$6.00
1237	Medline Pure & Gentle Saline Enema Laxative 4.5oz 1Ct	Each	\$4.00

Minerals

Item No.	Description	Pkg.	Price
1259	Calcium Tablet 600mg 150Ct	Bottle of 150	\$7.00
1748	Chewable Calcium with Vitamin D3 Tablet 500mg 60Ct	Bottle of 60	\$7.00
1747	Calcium Citrate 315mg + Vitamin D3 250IU Tablets 100Ct	Bottle of 100	\$14.00
1749	Calcium with Vitamin D3 Tablet 600mg 300Ct	Bottle of 300	\$16.00
1754	GoodSense Chocolate Calcium Chews 650mg 60Ct	Bottle of 60	\$12.00
1269	Ferrous Sulfate Iron Tablet 325mg 100Ct	Bottle of 100	\$6.00
1745	GeriCare Magnesium Oxide Tablet 400mg 120Ct	Bottle of 120	\$9.00

Multivitamins

Item No.	Description	Pkg.	Price
1276	Sentry Multivitamin & Mineral Tablets 130Ct	Bottle of 130	\$14.00
1744	Yum-V's Adult Gummy Multivitamins 60Ct	Bottle of 60	\$12.00
1267	Healthy Eyes Multivitamin Mineral Tablets with Lutein 60Ct	Bottle of 60	\$10.00
1261	21st Century Sentry Senior Multivitamin Mineral Tablet 100Ct	Bottle of 100	\$12.00

Supplements

Item No.	Description	Pkg.	Price
1258	Biotin B7 Vitamin Tablets 500mcg 60Ct	Bottle of 60	\$11.00
1265	Coenzyme Q10 Softgel 100mg 30Ct	Bottle of 30	\$12.00
3416	Medline Flaxseed Oil Softgel 1000mg 60Ct	Bottle of 60	\$8.00
1755	Triple Strength Glucosamine 750mg Chondroitin 600mg, Tablet 100Ct	Bottle of 100	\$30.00
1757	True Plus Glucose Chewable Tablets Orange 4g 50Ct	Bottle of 50	\$9.00

1275	PlusPharma Melatonin Tablets 5mg 30Ct	Bottle of 30	\$7.00
3378	Medline Fish Oil Softgel 1000mg 90Ct	Bottle of 90	\$10.00

Vitamins

Item No.	Description	Pkg.	Price
1271	Folic Acid Supplement 400mcg, Tablet 100Ct	Bottle of 100	\$7.00
1286	21st Century Vitamin A Softgels 10,000IU 110Ct	Bottle of 110	\$6.00
1753	Vitamin B Complex Tablets 100Ct	Bottle of 100	\$8.00
1291	Vitamin B12 Tablet 500mcg 100Ct	Bottle of 100	\$7.00
1292	GeriCare Vitamin B-6 Tablet 100mg 100Ct	Bottle of 100	\$10.00
1750	Vitamin C-500 Chewable Tablets 500mg 110Ct	Bottle of 110	\$9.00
1293	Vitamin C Ascorbic Acid Tablet 500mg 100Ct	Bottle of 100	\$6.00
1751	ImmuBlast Immune System Chewable Tablet 32Ct	Bottle of 32	\$8.00
1295	Vitamin D3 Tablets 50mcg 250Ct	Bottle of 250	\$10.00



1271

Folic Acid Supplement 400mcg 100Ct

Easy-to-swallow vitamin B9 supplement contains 168% of daily value.



1293

Vitamin C Ascorbic Acid Tablet 500mg 100Ct

One small tablet contains 833% of daily value of vitamin C.

Notes

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Notice of nondiscrimination

Kaiser Permanente complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Kaiser Health Plan does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex. We also:

- Provide no cost aids and services to people with disabilities to communicate effectively with us, such as:
 - ◆ Qualified sign language interpreters.
 - ◆ Written information in other formats, such as large print, audio, and accessible electronic formats.
- Provide no cost language services to people whose primary language is not English, such as:
 - ◆ Qualified interpreters.
 - ◆ Information written in other languages.

If you need these services, call Member Services at **1-800-232-4404 (TTY 711)**, 8 a.m. to 8 p.m., seven days a week.

If you believe that Kaiser Permanente has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with our Civil Rights Coordinator by writing to Attention: Member Services, Nine Piedmont Center, 3495 Piedmont Road NE, Atlanta, GA 30305 or calling Member Services at the number listed above. You can file a grievance by mail or phone. If you need help filing a grievance, our Civil Rights Coordinator is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, **1-800-368-1019, 800-537-7697 (TDD)**. Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

Multi-Language Insert

Multi-language Interpreter Services

English: We have free interpreter services to answer any questions you may have about our health or drug plan. To get an interpreter, just call us at **1-800-232-4404 (TTY 711)**. Someone who speaks English/Language can help you. This is a free service.

Spanish: Tenemos servicios de intérprete sin costo alguno para responder cualquier pregunta que pueda tener sobre nuestro plan de salud o medicamentos. Para hablar con un intérprete, por favor llame al **1-800-232-4404 (TTY 711)**. Alguien que hable español le podrá ayudar. Este es un servicio gratuito.

Chinese Mandarin: 我们提供免费的翻译服务，帮助您解答关于健康或药物保险的任何疑问。如果您需要此翻译服务，请致电 **1-800-232-4404 (TTY 711)**。我们的中文工作人员很乐意帮助您。这是一项免费服务。

Chinese Cantonese: 您對我們的健康或藥物保險可能存有疑問，為此我們提供免費的翻譯服務。如需翻譯服務，請致電 **1-800-232-4404 (TTY 711)**。我們講中文的人員將樂意為您提供幫助。這是一項免費服務。

Tagalog: Mayroon kaming libreng serbisyo sa pagsasaling-wika upang masagot ang anumang mga katanungan ninyo hinggil sa aming planong pangkalusugan o panggagamot. Upang makakuha ng tagasaling-wika, tawagan lamang kami sa **1-800-232-4404 (TTY 711)**. Maaari kayong tulungan ng isang nakakapagsalita ng Tagalog. Ito ay libreng serbisyo.

French: Nous proposons des services gratuits d'interprétation pour répondre à toutes vos questions relatives à notre régime de santé ou d'assurance-médicaments. Pour accéder au service d'interprétation, il vous suffit de nous appeler au **1-800-232-4404 (TTY 711)**. Un interlocuteur parlant Français pourra vous aider. Ce service est gratuit.

Vietnamese: Chúng tôi có dịch vụ thông dịch miễn phí để trả lời các câu hỏi về chương sức khỏe và chương trình thuốc men. Nếu quý vị cần thông dịch viên xin gọi **1-800-232-4404 (TTY 711)** sẽ có nhân viên nói tiếng Việt giúp đỡ quý vị. Đây là dịch vụ miễn phí.

German: Unser kostenloser Dolmetscherservice beantwortet Ihren Fragen zu unserem Gesundheits- und Arzneimittelplan. Unsere Dolmetscher erreichen Sie unter **1-800-232-4404 (TTY 711)**. Man wird Ihnen dort auf Deutsch weiterhelfen. Dieser Service ist kostenlos.



Korean: 당사는 의료 보험 또는 약품 보험에 관한 질문에 대해 드리고자 무료 통역 서비스를 제공하고 있습니다. 통역 서비스를 이용하려면 전화 **1-800-232-4404 (TTY 711)** 번으로 문의해 주십시오. 한국어를 하는 담당자가 도와 드릴 것입니다. 이 서비스는 무료로 운영됩니다.

Russian: Если у вас возникнут вопросы относительно страхового или медикаментного плана, вы можете воспользоваться нашими бесплатными услугами переводчиков. Чтобы воспользоваться услугами переводчика, позвоните нам по телефону **1-800-232-4404 (TTY 711)**. Вам окажет помощь сотрудник, который говорит по-русски. Данная услуга бесплатная.

Arabic: إننا نقدم خدمات المترجم الفوري المجانية للإجابة عن أي أسئلة تتعلق بالصحة أو جدول الأدوية لدينا. للحصول . سيقوم شخص ما **1-800-232-4404 (TTY 711)** على مترجم فوري، ليس عليك سوى الاتصال بنا على . بمساعدتك. هذه خدمة مجانية يتحدث العربية.

Hindi: हमारे स्वास्थ्य या दवा की योजना के बारे में आपके किसी भी प्रश्न के जवाब देने के लिए हमारे पास मुफ्त दुभाषिया सेवाएँ उपलब्ध हैं. एक दुभाषिया प्राप्त करने के लिए, बस हमें **1-800-232-4404 (TTY 711)** पर फोन करें. कोई व्यक्ति जो हिन्दी बोलता है आपकी मदद कर सकता है. यह एक मुफ्त सेवा है.

Italian: È disponibile un servizio di interpretariato gratuito per rispondere a eventuali domande sul nostro piano sanitario e farmaceutico. Per un interprete, contattare il numero **1-800-232-4404 (TTY 711)**. Un nostro incaricato che parla Italianovi fornirà l'assistenza necessaria. È un servizio gratuito.

Portugués: Dispomos de serviços de interpretação gratuitos para responder a qualquer questão que tenha acerca do nosso plano de saúde ou de medicação. Para obter um intérprete, contacte-nos através do número **1-800-232-4404 (TTY 711)**. Irá encontrar alguém que fale o idioma Português para o ajudar. Este serviço é gratuito.

French Creole: Nou genyen sèvis entèprèt gratis pou reponn tout kesyon ou ta genyen konsènan plan medikal oswa dwòg nou an. Pou jwenn yon entèprèt, jis rele nou nan **1-800-232-4404 (TTY 711)**. Yon moun ki pale Kreyòl kapab ede w. Sa a se yon sèvis ki gratis.

Polish: Umożliwiamy bezpłatne skorzystanie z usług tłumacza ustnego, który pomoże w uzyskaniu odpowiedzi na temat planu zdrowotnego lub dawkowania leków. Aby skorzystać z pomocy tłumacza znającego język polski, należy zadzwonić pod numer **1-800-232-4404 (TTY 711)**. Ta usługa jest bezpłatna.

Japanese: 当社の健康 健康保険と薬品 処方薬プランに関するご質問にお答えするために、無料の通訳サービスがあります。通訳をご用命になるには、**1-800-232-4404 (TTY 711)** にお電話ください。日本語を話す人 者が支援いたします。これは無料のサービスです。



Over-The-Counter (OTC) Product Catalog Order Form

STEP 1 Complete your information below:

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STEP 2 Pick your products

Item #	Product Description	Quantity	Price
1			\$
2			\$
3			\$
4			\$
5			\$
6			\$
7			\$
8			\$
9			\$
10			\$

Total Order: \$ _____

STEP 3 Place your order

OTC Servicing Center, 1910 Innovation Way, Libertyville, IL 60048

If you place your order by mail using an order form, your order total will be applied to the quarter in which we receive your form. For example, if you mail your order form on June 29, but we received it on July 1, your order total will be applied to the benefit period in which we receive it.

About Mail Orders

- Products may be substituted throughout the year and pricing may vary. For the most up to date product catalog please refer to kp.org/otc/ga.
- A mail order form may take up to 4 weeks to process.
- If your total amount exceeds your current available benefit balance, we will remove the last items added to the form until it is within your benefit balance.
- Cash, checks, credit cards or money orders are not accepted via mail.
- If your mail order includes any out-of-stock items, the order will be processed without out-of-stock items.
- To receive your order faster, place it online at: kp.org/otc/ga
- If you have any questions or need help placing your order, call Medline atHome OTC benefits customer service at 1-844-232-6906 (TTY: 711). They're available Monday-Friday, 8 a.m.–7 p.m. EST

****Not all products in this catalog may be covered under your benefit.
To check item plan eligibility, please log in to kp.org/otc/ga
and view your unique product assortment.****

kp.org/otc/ga

1-844-232-6906 (TTY 711)

Monday—Friday

8 a.m.—7 p.m. EST

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