

# A BETTER WAY TO VISION CARE



At Kaiser Permanente (KP), our integrated vision care can mean better chronic condition management and lower health costs.<sup>1</sup>



**Get more out of an eye exam.** Our eye exams are more comprehensive than a simple eye exam. They can reveal other hidden conditions such as:

- Chronic conditions such as diabetes and high blood pressure
- Eye conditions such as glaucoma and cataracts
- Neurological disorders such as MS and brain tumors



**KP doctors are on the same, connected team.** Health issues uncovered during the eye exam are seamlessly routed to a KP physician who can continue the care. This also means no paperwork for members.

- Eye health is a part of our KP member's medical record, so our doctors have the relevant medical information at their fingertips.



## **Increased engagement in total health.**

A KP optical benefit can increase the frequency at which employees have the health of their eyes examined.<sup>2</sup>

- Studies show that people often visit their eye care providers more frequently than their primary care providers.<sup>1</sup>
- KP members with an optical benefit are 3x more likely to visit an Optometrist than those without a KP optical benefit.<sup>2</sup>

<sup>1</sup> Source: Modern Healthcare, June 2015. "Optometrists eye bigger role in managing chronic conditions."  
<https://www.modernhealthcare.com/article/20150620/magazine/306209963>

<sup>2</sup> Source: Actual data from KP members (Health Connect) in northern California, 2016-2017.

Kaiser Permanente members typically have coverage for medically necessary eye examinations, and some members, including those members with the pediatric vision benefit under their Affordable Care Act plan, may be able to apply a supplemental benefit to their purchases. Otherwise, the services and products described here are provided on a fee-for-service basis, separate from and not covered under your health plan benefits, and you are financially responsible to pay for them. For specific information about your covered health plan benefits, please see your Evidence of Coverage. 12/2018

# EMPLOYEES WON'T HAVE TO PAY A LOT FOR GREAT EYEWEAR

**\$69**

Complete eyewear starts at \$69<sup>3</sup>



Up to 1,200 frames to choose from



30-day total satisfaction guarantee<sup>4</sup>



**kp2020.org** - Book an eye exam, check benefits, order contacts and check order status online<sup>5</sup>



**Under one roof** - Get an eye exam, update your prescription, and shop for glasses – all in one visit and often in one location

## SAMPLE OUT-OF-POCKET COSTS FOR EYEGLASSES (with optical benefit plans 239 or 296)

**\$0** standard, plastic lenses included  
(single vision, bifocal or  
no-line progressives)

**\$0** frame up to \$150 included  
(over 400 frames at \$150 or less)

**\$0** out-of-pocket cost

## DON'T SPEND A LOT TO SHOW EMPLOYEES YOU CARE

Adding a KP optical benefit is easy, since you already have KP as your medical carrier.

Look for these optical benefits in your health plan options or ask your KP representative for competitive rates.

**Separate Allowance Plans.** Includes the cost of standard plastic lenses and a frame, or a contact lens allowance (up to \$130/\$150 depending on the plan).

| PLANS          | EYE EXAM                    | EYE GLASSES                                                                           |                 |                 | CONTACT LENSES                    |                 |
|----------------|-----------------------------|---------------------------------------------------------------------------------------|-----------------|-----------------|-----------------------------------|-----------------|
|                | Included in medical benefit | STANDARD, PLASTIC LENSES<br>(Single vision, lined multifocal, or no-line progressive) | FRAME ALLOWANCE | FRAME FREQUENCY | ALLOWANCE<br>(in lieu of glasses) | FREQUENCY       |
| <b>OPT 296</b> | Included                    | Included                                                                              | \$150           | Every 12 months | \$150                             | Every 12 months |
| <b>OPT 239</b> | Included                    | Included                                                                              | \$150           | Every 24 months | \$150                             | Every 12 months |
| <b>OPT 297</b> | Included                    | Included                                                                              | \$130           | Every 12 months | \$130                             | Every 12 months |
| <b>OPT 240</b> | Included                    | Included                                                                              | \$130           | Every 24 months | \$130                             | Every 12 months |

**For groups over 500 members, we can also customize an optical benefit plan for you.**

<sup>3</sup> For \$69 glasses, choose from over 20 styles of frames, and get single vision, standard plastic lenses for \$49 (\$49 for the lenses plus a \$20 frame equals \$69). In southern California, for \$69 glasses, choose a \$19 frame with \$50 single vision, standard plastic lenses.

<sup>4</sup> 30-day total satisfaction guarantee begins on the date you first get your glasses.

<sup>5</sup> Some kp2020.org features are available in northern California only. Benefit eligibility and order status coming soon to kp2020.org in southern California.